



## TBI Tips



## Transition and Students with TBI

The goal of transition is to help students move into adulthood with the tools necessary to be successful. During transition, students with Traumatic Brain Injury (TBI) may require different supports than students with other disabilities. Using evidence-based practices can help enable students to achieve desired goals and reduce frustration during the transition process. This includes identifying goals, strategies to achieve those goals, and troubleshooting problems that may hinder accomplishing those goals. The TBI Transition Toolkit focuses on providing evidence-based practices to equip parents, educators, and communities with tools aimed at providing students with traumatic brain injuries opportunities for success while in transition.

### Supports & Strategies to Try

Transition plans must be individualized as TBI symptoms vary from student-to-student. The Taxonomy for Transition Programming provides a framework that focuses on:

- Student-focused planning
- Student development
- Interagency collaboration
- Family involvement
- Programs structures

A more in depth explanation of this framework can be found within the document. For more detailed information view the instructional [Webinar featuring Sue Hayes](#). This Webinar provides an excellent opportunity to learn beneficial ways to utilize the [TBI Toolkit](#).

### Core Planning Tools

The Core Planning Tool, found on page 16 of the [Toolkit](#), is recommended to help all students develop self awareness, self advocacy, self determination, and self assessment skills. Creating a student plan is the first recommendation of the Core Planning Tools. The tool has students answer questions such as; "What am I doing right now?" "What are my strengths?" "What are my goals?" and can help students recognize trouble areas and strengths. A secondary tool considers the need for mentors or coaching, discovering who the student feels is most important in their life and who can champion the transition plan. Developing a network of individuals who have established trust with the student and are aware of the transition plan can benefit the student throughout the transition process. These are just a couple of the great ideas found within the Transition Toolkit. For more in depth explanations please use the above links.