

# TBI Newsletter

CBIRT.org

Oregon TBI Team

September 2016

## Off to a Great Start

The TBI Team is geared up to have a great year. If you are a returning TBI Team member welcome back. If you are a new member, welcome to a team of dedicated professionals who do amazing work.

## Remember to Log Your TBI Data

Please remember to log your data using the link below. Be sure to log all of your data for 2016-2017 school year. Remember, anything you do around TBI needs to be logged. Here is the new data log link:

<https://goo.gl/forms/kXW7q2CptDt4Oj8I3>

## Webinar Featuring Ryann Watson-Stites

Our next webinar will be on Monday, October 31<sup>st</sup> from 3-4 PM. Dr. Watson-Stites will be covering the importance of correct eligibility and how to assess in the school setting for TBI. To register please click [here](#).

## New and Returning Members

If you would like to be part of the TBI Team, we'd love to have you. You will need permission from your supervisor and all new and returning members will be asked to complete new or returning member training. Please complete the following registration if you would to be part of the TBI Team.

New Member Registration: <https://goo.gl/forms/fEfUOFC6ubIcukBf1>

Returning Member Registration:

<https://goo.gl/forms/Q8NqWUHbhcIriW4z2>

## New Member Training/Returning Member Refresher Course

All new and returning members are strongly encouraged to take the new member training course on November 18<sup>th</sup> in Eugene from 10 AM to 3 PM. If you are interested and able to attend please register at the following link: <https://goo.gl/forms/roOWIvwoBu7NFStm1>

## Save the Dates

10/26 – [TBI 101 \(AM\) – Portland](#)

10/26 – [TBI Eval & Eligibility \(PM\) – Portland](#)

10/28 – [Return to Learn](#) – Portland

10/31 – [Webinar featuring Ryann Watson-Stites](#)

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## *New Resources*

The team at the Center on Brain Injury Research and Training (CBIRT) has continued to put together new resources and to post them on the CBIRT website for public use. Please take a few minutes to review the following new resources.

### *Assessment:*

These pages will provide information about the importance of assessments for students with TBI, what these assessment strategies can measure, the names of commonly used tests in schools, and the importance of implementing ongoing progress monitoring.

<http://cbirt.org/resources/educators/assessment/>

### *Eligibility:*

Like other students with disabilities, students with TBI need to be accurately identified so they can be appropriately served by educators who are knowledgeable about the challenges they experience and who can implement effective instructional and behavioral strategies. Correct identification not only benefits the student in the classroom, but opens the door to other services the student might not have access to under a different eligibility category.

<http://cbirt.org/resources/educators/eligibility/>

### *Legal News:*

This section of the site is home to an ongoing blog written by David Kracke, an attorney with Nichols and Associates in Portland, OR. David has a broad range of experience working with TBI-related laws in Oregon and is a board member for the Oregon Concussion Awareness and Management Program (OCAMP).

<http://cbirt.org/ocamp/legal-news/>

### *Classroom Routines:*

Students with brain injury often struggle with memory impairment, organization and focusing attention. Varying routines can create enough stress for a student with a brain injury that they cannot focus on the material they are to be learning. Try to create routines consistent enough to permit brain injured students to learn.

<http://cbirt.org/resources/educators/tidbits/Oct14/>

## The Benefit of a School-Based Concussion & Team Policy

When a concussion happens to a student, it's critical that the entire school community – staff, students, and their parents – knows how to respond in ways that ensure the student's best chance of recovery.

Max's Law outlines specific responsibilities for school administrators. Under Max's Law you must:

- Develop a list of coaches
- Identify resources the district will use to provide training for all athletic coaches
- Develop training timelines for coaches of all athletic team
- Ensure coaches receive training every 12 months.
- Develop a tracking system to document that all coaches meet the training requirements
- Ensure that no coach allows a member of a school athletic team to participate in any athletic event or training on the same calendar day the team member exhibits signs, symptoms, or behaviors consistent with a concussion following an observed or suspected blow to the head or body or has been diagnosed with a concussion.
- Ensure that no coach allows a student (after being removed from play) to return to an athletic event or training sooner than the day after the student experienced a blow to the head or body AND the student no longer exhibits signs, symptoms, or behaviors consistent with a concussion AND the student receives a medical release from a healthcare professional.

In addition to the legal requirements above, current best practice recommendations include developing a school wide concussion management plan to ensure that concussed students receive appropriate academic accommodations as they recover from their injuries.

Tools:

- [Sample School District Policy](#)
- [Classroom Accommodations and Modifications](#)
- [Post-Concussion Academic Accommodation Protocol](#)
- [Academic Accommodations Matrix](#)
- [Return to Academics](#)
- [Return to Play](#)
- [Concussion Management Team](#)
- [Concussion Management Plan](#)
- [Signs and Symptoms of Concussion](#)

## THE TBI TEAM WORKGROUP MEMBERS

**Melissa McCart:** TBI Team Coordinator

**Kari Baybado:** Region 1, Eastern Oregon

**Sue Hayes:** Region 2, Central Oregon

**Agnes Lee-Wolfe:** Region 3, Southern Oregon

**Vickie Jones:** Region 4N, Linn, Benton, & Lincoln counties

**Amanda Ford:** Region 4S, Southern Oregon Coast (Coos & Curry counties)

**Robin Simmons:** Region 5, Willamette (Yamhill, Polk, Marion counties)

**Karen Menne:** Region 6, Columbia (Multnomah, Clackamas, Hood River, Wasco counties)

**Wendy Friedman:** Region 7, Lane

**Cathy Jensen:** Region 8, Northwestern Oregon (Clatsop, Columbia, Washington, & Tillamook)

<p><b>Brain 101</b>  <a href="http://brain101.orcasinc.com">http://brain101.orcasinc.com</a></p>	<p>The Oregon Center for Applied Science, with funding from the National Institutes of Health, created an evidence-based interactive website for school-wide concussion management. When a concussion happens to one of your students, it's critical that the entire school community — staff, students and their parents — knows how to respond in ways that ensure the student's best chance of recovery.</p>
<p><b>BrainLine</b>  <a href="http://www.brainline.org">http://www.brainline.org</a>  <a href="http://www.brainlinekids.org">http://www.brainlinekids.org</a></p>	<p>BrainLine is an extensive and easy to navigate site for preventing, treating, and living with TBI. Funded by the Defense and Veterans Brain Injury Center, the site offers basic information about TBI and the brain, as well as webcasts, "ask an expert", and specialized sections for TBI survivors, friends, family, and professionals. The BrainLine Kids area is devoted to helping kids with TBI.</p>
<p><b>Center on Brain Injury Research and Training</b>  <a href="http://www.cbirt.org">www.cbirt.org</a></p>	<p>CBIRT conducts research and training to improve the lives of children and adults with traumatic brain injury (TBI). Information, tools, publications and training are available at the CBIRT website.</p>
<p><b>Center for Disease Control and Prevention (CDC)</b>  <a href="http://cdc.gov/traumaticbraininjury/">http://cdc.gov/traumaticbraininjury/</a></p>	<p>The Center on Disease Control and Prevention conducts research and offers programs, such as the "Heads Up" initiative, that "work to prevent TBI and help people better recognize, respond, and recover if a TBI occurs."</p>
<p><b>Colorado TBI Resource Network</b>  <a href="http://cokidswithbraininjury.com">http://cokidswithbraininjury.com</a></p>	<p>The Colorado Traumatic Brain Injury Resource Network website was designed through funding from the Colorado TBI Trust Fund to help school professionals help students with TBI. The site serves as a tool for educators, school administrators, school psychologists, related service professionals, and families.</p>
<p><b>Defense and Veterans Brain Injury Center</b>  <a href="http://www.dvbic.org">www.dvbic.org</a></p>	<p>The Defense and Veterans Brain Injury Center, a part of the U.S. military health system, plays an important role in "maintaining unit readiness, improving the health and safety of service members and veterans, and ensuring optimal outcomes for individuals with TBI and their families."</p>
<p><b>Lash &amp; Associates Publishing</b>  <a href="http://www.lapublishing.net">www.lapublishing.net</a></p>	<p>Lash &amp; Associates is an excellent resource for all aspects of TBI. They offer books, tool kits and other resources to help treat and live with brain injury in children, adults, and veterans.</p>
<p><b>Project LEARNet</b>  <a href="http://www.projectlearn.net">www.projectlearn.net</a></p>	<p>LEARNet is a resource for teachers, clinicians, parents, and students that is provided by the Brain Injury Association of New York State. LEARNet aims to provide "anytime access" to TBI consulting services to all schools and families without the costs of a TBI specialist. The site offers video clips and information on specific problems for students with TBI.</p>